# **GENERIC STEP THERAPY PLANS (GSTP)**

DRUG CLASS URINARY ANTISPASMODICS

PGST SSB - Ref# 375-D: Oxytrol

HPGST SSB – Ref# 411-D: Gelnique, Myrbetriq, Oxytrol, Toviaz

TGST SSB – Ref# 385-D: Gelnique, Myrbetriq, Oxytrol, Toviaz

Status: CVS Caremark Criteria

Type: Initial Step Therapy: Post Step Therapy Prior Authorization

#### **INITIAL STEP THERAPY**

If the patient has filled a prescription for at least a 30 day supply of a generic urinary antispasmodic drug within the past 180 days under a prescription benefit administered by CVS Caremark, then the requested branded drug will be paid under that prescription benefit. If the patient does not meet the initial step therapy criteria, then the system will reject with a message indicating that a prior authorization (PA) is required. The prior authorization criteria would then be applied to requests submitted for evaluation to the PA unit.

#### **COVERAGE CRITERIA**

Branded urinary antispasmodics will be covered with post step therapy prior authorization when the following criteria are met:

 Patient has experienced an inadequate treatment response, intolerance, contraindication or potential drug interaction to at least one generic urinary antispasmodic.

### **RATIONALE**

If the patient has filled a prescription for at least a 30 day supply of a generic urinary antispasmodic drug within the past 180 days under a prescription benefit administered by CVS Caremark, then the requested branded drug will be paid under that prescription benefit.

If the patient does not meet the initial step therapy criteria, then prior authorization is required.

If the patient has a documented contraindication to or a potential drug interaction with a generic drug, then the requested brand drug will be covered. If the patient is intolerant to at least one of the generic drugs, then the requested brand drug will be covered. If the patient has tried one of the generic drugs for at least 30 days and had an inadequate treatment response, then the requested brand drug will be covered. If these requirements are met, then the approval duration is 24 months.

## **REFERENCES**

N/A

Written by: UM Development

Date Written: 04/2009

Revised: 09/2009, 10/2009, 07/2010, 08/2010, 05/2011, 10/2011, 01/2012 (added Anturol), 07/2012 (removed Detrol, added Myrbetriq), 09/2012 (updated formatting and documentation), 10/2012 (removed documentation),

added Myrbetriq), 09/2012 (updated formatting and documentation), 10/2012 (removed documentation), 12/2012 (removed Sanctura XR), 03/2013 (removed Anturol, updated grids), 04/2013, 01/2014 (removed Detrol LA), 04/2014 (reordered questions & update intolerance question), 10/2014 (removed Myrbetriq from PGST),

GSTP Urinary Antispasmodics

© 2018 Caremark. All rights reserved. This document contains confidential, privileged and proprietary information of CVS/caremark. It cannot be reproduced, distributed or printed without written permission from CVS/caremark. Clinical criteria may change at any time based on at-risk generic launches, new drug approvals, formulary changes and other market and regulatory events. Updates to the clinical criteria and GSTP may be made quarterly. This page contains prescription brand name drugs that are registered or trademarks of pharmaceutical manufacturers that are not affiliated with CVS/caremark Inc



04/2015, 01/2016 (removed Enablex), 04/2016 (no clinical changes), 04/2017 (no clinical changes), 04/2018 (removed Toviaz from PGST), 11/2018 (no changes), 01/2019 (removed Vesicare from HPGST & TGST) Medical Affairs 05/2009, 09/2009, 10/2009, 07/2010, 08/2010, 10/2011, 01/2012, (KP) 07/2012; (DC) 09/2012, 12/2012, 03/2013, (LS) 04/2013, (KP) 04/2014, (SS) 10/2014, (LB) 04/2015 05/2009, 12/2009, 12/2010, 12/2011, 08/2012, 08/2013, 08/2014, 08/2015, 08/2016, 08/2017, 08/2018, 04/2019

Reviewed:

External Review:

