

# PRIOR AUTHORIZATION CRITERIA

**DRUG CLASS** NARCOLEPSY AGENTS

**BRAND NAME**  
(generic)

**NUVIGIL**  
(armodafinil)

**Status:** CVS Caremark Criteria  
**Type:** Initial Prior Authorization

## POLICY

### FDA-APPROVED INDICATIONS

Nuvigil is indicated to improve wakefulness in adult patients with excessive sleepiness associated with obstructive sleep apnea (OSA), narcolepsy, or shift work disorder (SWD).

In OSA, Nuvigil is indicated to treat excessive sleepiness and not as treatment for the underlying obstruction. If continuous positive airway pressure (CPAP) is the treatment of choice for a patient, a maximal effort to treat with CPAP for an adequate period of time should be made prior to initiating Nuvigil for excessive sleepiness. If Nuvigil is used adjunctively with CPAP, the encouragement of and periodic assessment of CPAP compliance is necessary.

### COVERAGE CRITERIA

The requested drug will be covered with prior authorization when the following criteria are met:

- The patient has a diagnosis of narcolepsy confirmed by sleep lab evaluation
- OR
- The patient has a diagnosis of Shift Work Disorder (SWD)
- OR
- The patient has a diagnosis of obstructive sleep apnea (OSA) confirmed by polysomnography

### REFERENCES

1. Nuvigil [package insert]. Frazer, PA: Cephalon, Inc; February 2017.
2. AHFS DI (Adult and Pediatric) [database online]. Hudson, OH: Lexi-Comp, Inc.; [http://online.lexi.com/lco/action/index/dataset/complete\\_ashp](http://online.lexi.com/lco/action/index/dataset/complete_ashp) [available with subscription]. Accessed May 2018.
3. Micromedex Solutions [database online]. Greenwood Village, CO: Truven Health Analytics Inc. Updated periodically. [www.micromedexsolutions.com](http://www.micromedexsolutions.com) [available with subscription]. Accessed May 2018.
4. Morgenthaler TJ, Kapur VK, Brown T, et al. Practice parameters for the treatment of narcolepsy and other hypersomnias of central origin. *Sleep* 2007;30(12):1705-11.
5. Kushida, C, Morgenthaler, T, et al. Practice parameters for the treatment of snoring and obstructive sleep apnea with oral appliances: an update for 2005. *Sleep* 2006;29(2):240-243.
6. Czeisler CA, Walsh JK, Wesnes KA, Arora S, Roth T. Armodafinil for Treatment of Excessive Sleepiness Associated with Shift Work Disorder: A Randomized Controlled Study. *Mayo Clin Proc.* 2009; 84(11):958-972.